



# Afterlife

By Tracy Ogali

## PRESS RELEASE

*Charming and deeply personal picture book following the life of a young fox dealing with the emotions of losing a parent.*

Sadness will be replaced by happiness once more. Change is constant and we must embrace it. Old cycles left behind for new ones to discover.

Fox is grieving after the sudden death of his father. In need of guidance and answers, he sets out on a journey to understand the meaning of life. Despite listening to -and learning from- the Wise Creatures he meets along the way, Fox remains upset and confused.

As a dejected Fox returns home, he meets Butterfly who appears out of nowhere and offers to help him. Butterfly has a special way of explaining the process of death and the life cycle of nature. It is with Butterfly's help that Fox begins an important process of self-discovery and can finally start to grieve.

When Tracy Ogali's much-loved husband of eleven years, Hratch, died suddenly at the young age of sixty, she found herself with three young children who needed her to be strong, but also to help them to come to terms with his death. Moved by their struggle to make sense of such searing loss, Tracy has created an enchanting story about life, death and how to deal with it. Written in verse form for children aged ten and upwards, **Afterlife** explores the harsh realities of life that can effect us all, at any time and any age.

What makes **Afterlife** truly special, is its vibrant, life-affirming artwork, which has been designed by Tracy's son Kane and his fellow GSCE art students at Chestnut Grove Academy in Balham, South London.

Countless young people experience loss -whether through death, divorce or ill health, involving parents, friends, grandparents and even their pets- and **Afterlife** communicates important themes of compassion, patience and perseverance to help nurture and shepherd them through these tough times.

**About the author:** Tracy Ogali lives in South London with her three children. Her first book, **Afterlife** by Tracy Ogali (published 15 July 2016 by Clink Street Publishing, paperback RRP TBC, ebook RRP TBC) will be available online from retailers including Amazon.co.uk and can be ordered from all good bookstores.

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